**Nigerians Do Group Exercise During Lockdown**

**尼日利亚封锁期间人们组队运动**

Many people in Abuja, Nigeria have grown tired of staying inside during the country’s lockdown to limit the spread of the new coronavirus.

尼日利亚首都阿布贾市许多市民已经厌倦了封锁的居家隔离生活。该国为限制新冠状病毒传播而下令要求人们居家隔离。

As a result, hundreds of people are doing group exercises on one of the Nigerian capital’s highways. They seem to have little concern for the COVID-19 disease that has killed at least 10 and infected at least 300 others in Nigeria.

也正因此，数百人在尼日利亚首都的一条高速公路上组团进行锻炼。他们似乎不太担心新冠肺炎的传播，虽然该疾病已导致尼日利亚至少10人死亡，还有至少300人被感染。

Akinyemi Busayo is a trader. Recently, he was doing aerobics and other exercises in a group. He said, “Since the lockdown, we are just at home doing nothing, no work, no food, nothing, nothing, so we decided to come and exercise our body instead of us sitting at home and just getting fat.”

阿奇耶米·布塞约是一位贸易商。最近，他加入了一个做有氧运动以及其他运动的健身小组。他说：“由于封锁，我们待在家里什么也做不了，没有工作，没有食物，真的什么都没有，所以我们决定来锻炼身体，而不再继续坐在家里变胖。”

Behind Busayo was a group of people on a bridge going across one of Abuja’s large highways. They were doing sit-ups, as a group of runners ran between them.

布塞约身后是一群站在一座桥上准备穿过阿布贾一个大型公路的人群。他们正在做仰卧起坐，一群跑步的人从他们中间奔穿过。

The government has ordered people to remain indoors and isolate themselves unless they need necessary goods such as food, water or medical services.

政府已下令要求人们待在室内进行自我隔离，除非需要购买食物，水或就医等必要事宜不得外出。

But enforcement of the order has been mixed. Some security officials have beaten and arrested people found outside, even health workers. Other officials have done nothing, as with the crowds of people exercising in Abuja.

但是命令的执行情况好坏参半。一些安全执行官殴打并逮捕了滞留室外的人——甚至包括医护工作者。其他一些执行官则没有任何行动，就像对在阿布贾锻炼的人群不闻不问一样。

Agboola Sabinat is a student. He told Reuters that he does not believe the new coronavirus has reached the area.

阿博拉·萨比纳特是一名学生。他告诉路透社，他不相信新冠状病毒已传染到该地区。

He added, “Everyone is scared, like my mom she is scared, she is like I should not go out for this work-out, that they said everybody should be at home, that we should just keep cool and stay at home, but I can’t.”

他补充说：“每个人都感到害怕，就像我妈妈一样，她感到很害怕认为我不应该外出来进行锻炼，他们（害怕的人）会说所有人都应该待在家，我们应该保持冷静并留在家中，但是我做不到。”

I’m Jonathan Evans.

乔纳森·埃文斯报道。

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