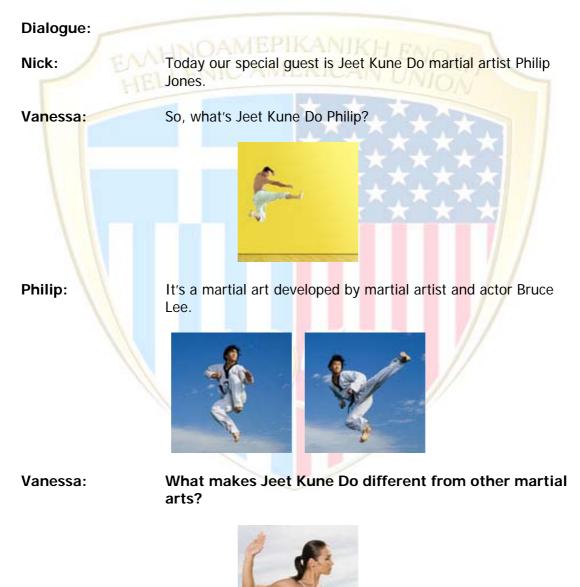
### Level: Intermediate Lesson: 17 Title: "Jeet Kune Do"

#### Summary:

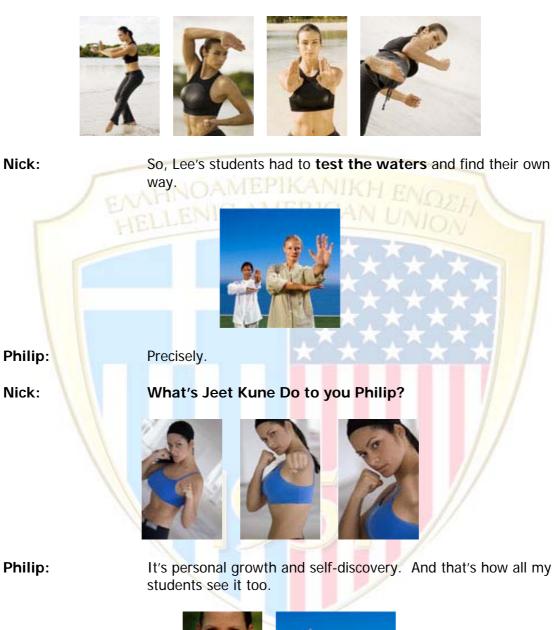
Nick and Vanessa interview martial artist Philip.

In this radio broadcast, Vanessa and Nick are in the middle of a live show in a radio studio interviewing Phillip. Listen to their conversation and answer the question that follows about the main idea.



Philip:

Jeet Kune Do is not a new style of kung-fu or karate. It's a martial arts system that allows you to express your feelings with the minimum of movements and energy. Bruce Lee developed this system **in order to free his students from**  **any style.** He used to say to his students: 'Your truth is not my truth; my truth is not yours'.





Vanessa: Philip we really appreciate your coming to the studio to talk to us about Jeet Kune Do.



Now answer the following question ...

What did the quest talk about?

He talked about the martial art of Jeet Kune Do.

Now listen to the conversation again. Afterwards there will be 4 questions on the details.

Nick:	Today our special guest is Jeet Kune Do martial artist Philip Jones.
Vanessa:	So, what's Jeet Kune Do Philip?
Philip:	It's a martial art developed by martial artist and actor Bruce Lee.
Vanessa:	What makes Jeet Kune Do different from other martial arts?
Philip:	Jeet Kune Do is not a new style of kung-fu or karate. It's a martial arts system that allows you to express your feelings with the minimum of movements and energy. Bruce Lee developed this system in order to free his students from any style. He used to say to his students: 'Your truth is not my truth; my truth is not yours'.
Nick:	So, Lee's students had to <b>test the waters</b> and find their own way.
Philip:	Precisely.
Nick:	What's Jeet Kune Do to you Philip?
Philip:	It's personal growth and self-discovery. And that's how all my students see it too.
Vanessa:	Philip we really appreciate your coming to the studio to talk to us about Jeet Kune Do.

Now get ready to answer some questions...

1. Vanessa says "What makes Jeet Kune-Do different from other martial arts? Why does she ask this question?

She wants to know in what way Jeet Kune-Do is different from other martial arts.

2. Philip says: 'Bruce Lee developed this system in order to free his students from any style." What does "in order to free his students from any style" mean? It means Bruce Lee's aim was to allow students to find their own style.

3. Nick says: "So his students had to test the waters ..." What does he mean?His students had to experiment to see how successful something was for them.

4. Nick asks "What's Jeet Kune Do to you, Philip?" What does he mean?

He wants Philip to talk about what Jeet Kune-Do means to him.

Please visit our site at <u>www.hau.gr</u> to find the transcripts, explanations and activities.



#### GLOSSARY

**Develop** (verb): to (cause something to) grow or change into a more advanced, larger or stronger form.

E.g. It became clear that he wasn't developing like all the other little boys.

**Minimum** (noun, usually singular): the smallest amount or number allowed or possible.

E.g. Wage increases are being kept to a minimum because of the recession.

Test the water(s): to find out what people's opinions of something are before you ask them to do something.

E.g. I think before we launch the new product we should test the waters with a poll.

**Precisely** (adverb): used to emphasize what you are saying. e.g. "You look tired - you should go home and rest." "I'm going to do precisely that."

Appreciate (verb): used when you are thanking someone or showing that you are grateful.

e.g. We really appreciate all the help you gave us last weekend.

**Personal** (noun): relating to your body or appearance. *E.g. She is obsessed with personal hygiene.* 

**Self discovery** (noun): when you learn about yourself and your beliefs. *E.g. Her own journey of self-discovery started as she was recovering from a severe illness.* 

## ACTIVITIES

# Activity 1

Practice using the words in the glossary. Choose the most appropriate word from the glossary to complete the following sentences.

- 1. Having therapy is a way to start your own voyage of \_\_\_\_\_
- 2. He decided to \_\_\_\_\_before he asked her to marry him, so he asked if she wanted to move in with him.
- 3. It's \_\_\_\_\_because of the noise that they're thinking of moving.
- 4. I \_\_\_\_\_your making the effort to come.
- 5. She's always worrying about her \_\_\_\_\_appearance
- 6. This exercise is designed to \_\_\_\_\_the shoulder and back muscles.
- 7. We need a \_\_\_\_\_\_of ten people to play this game.

## Activity 2

Fill in the blanks with the following verbs in the most appropriate form.

- 1. There are some kids on the school yard \_\_\_\_\_ (*practice*) martial arts.
- 2. The actor \_\_\_\_\_\_ (*injure*) in a dangerous stunt was taken to the hospital.
- - B: Jackie Chan!
- 4. Some of the martial artists \_\_\_\_\_ (*participate*) in the contest couldn't come.
- 5. When I entered the gym I saw a woman \_\_\_\_\_ (do) martial arts.

# Activity 3

Fill in the blanks with 'of' where necessary.

- 1. Many see Lee as a role \_\_\_\_\_model for acquiring a strong and efficient body.
- 2. Most \_\_\_\_\_Bruce Lee's films were filmed in Hong Kong.
- Lee is widely regarded as the most influential martial artist \_\_\_\_\_ the 20th century.
- 4. He was the father \_\_\_\_\_\_ deceased actor Brandon Lee and of actress Shannon Lee.
- 5. His movies sparked the first\_\_\_\_\_interest in Chinese martial arts in the West.
- In 1964 at a demonstration in California, Lee met \_\_\_\_\_karate champion Chuck Norris.
- 7. The exact details \_\_\_\_\_Lee's death are controversial.
- 8. Bruce Lee's status and unusual death at a young <u>age led many people to</u> develop many theories about his death.



# **KEY TO ACTIVITIES**

### Activity 1.

1. self discovery 2. test the waters 3. precisely 4. appreciate 5. personal 6. develop 7. minimum

# Activity 2.

1. practicing 2. injured 3. fighting 4. participating 5. doing

### Activity 3.

1. - 2. of 3. of 4. of 5. - 6. - 7. of 8. -