"For what it's worth...

无论好坏成败

it's never too late

永远不要觉得太晚

or, in my case,

或者，在我的亲身经历中

too early

太早

to be whoever you want to be.

去成为你想要成为的那个人

There's no time limit ,

并不存在时间上的限制

stop whenever you want.

只要你想，随时都可以停下

You can change

你可以改变

or stay the same,

也可以保持不变

there are no rules to this thing.

在这件事上没有规则可遵循

We can make the best

我们可以做到最好

or the worst of it.

也可能落到最糟糕

I hope you make the best of it.

我希望你能竭尽全力

And I hope

并且我希望

you see things that startle you.

你能看到令你震惊的成果

I hope

我希望

you feel things you never felt before.

你会感受到从未感受过的感觉

I hope

我希望

you meet people with a different point of view.

你在结交新朋友时，有全新的态度和观点

I hope

我希望

you live a life you're proud of.

你会充满自豪的过完你的一生

If you find that you're not,

如果你觉得自己并非如此

I hope

我希望

you have the strength

你拥有勇气

to start all over again."

重新来过